**Important request: *Please return this form for our records. You can also call us on 01306 876883 to update your information over the phone. Many thanks.***

**How may we contact you?**

Ménière's Society - Communications Preference Form

Here at the Ménière's Society we take your privacy seriously. Your data is stored securely and we will only use your personal information to administer your account, your membership and to provide the products and services you have requested from us. Your data will be used by our trusted providers (i.e. for mailing Spin magazine) on behalf of the charity and for the charity’s purposes only. We will never share or sell your details with any organisation without seeking your consent.

From time to time we may contact you with details of other products and services we provide. If you consent to us contacting you for this purpose, please complete and return this form to us to let us know how we can contact you and what you would like to hear about.

**Yes, I am happy to hear from the Ménière's Society about (tick all that apply):**

🞎 Awareness (e.g. Annual Conference, Balance Awareness Week, news items)

🞎 Donations and fundraising (e.g. 200+ Club, Christmas cards, prize draw, sponsored activities/events)

🞎 Merchandise and products

🞎 Membership, services & support *(if you are a member you will automatically receive information relating to your membership)*

🞎 Research Projects

**I am happy to hear from the Ménière's Society by (tick all that apply):**

🞎 Post 🞎 Email 🞎 Telephone 🞎 Text message (SMS)

Name and surname: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Membership number (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address and postcode: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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To ensure the details we hold for you are accurate and up to date, please provide your email and telephone number below:

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Please return your completed form to the Meniere’s Society, The Rookery, Surrey Hills Business Park, Wotton, Surrey RH5 6QT or send a copy to info@menieres.org.uk.**

If you have any questions, or if you wish to change your mind at any time about the information you receive from us

or how you are contacted by the Ménière's Society, please call us on 01306 876883 or email info@menieres.org.uk.

Please see our Privacy Policy on our website for more information about how we look after your personal information.